



"The disciples were filled with joy and with the Holy Spirit" Acts 13:52

Series Overview: Knowing that the **"Holy Spirit"** is the third person in the Godhead, we accept that He is Deity along with God the Father and the Son Jesus Christ. He is given to those who follow and obey Christ (Acts 2:38; 5:32) to indwell inside us for many purposes such as being our guide to truth, our comforter, our guarantee, our interceder, our counselor, etc. But the Bible mentions being "filled with the Spirit." What does that mean? Is that a special dimension of holiness that only a few can attain? Is it for leaders or the apostles only? Could I ever possibly experience that? What does that mean? This series will help you to grasp how to live in the fullness of the Spirit!

Message Ten

Filled With the Spirit of SELF-CONTROL

Galatians 5:22-23

What would your life be like if you were **FILLED** with **SELF-CONTROL**? Be totally honest with yourself – can you name some areas in your life that often are not under the control of yourself nor the Holy Spirit? Do those areas defeat and discourage you? How do I get this spiritual, supernatural, "fruit" to the degree of being filled with **SELF-CONTROL**?

UNDERSTANDING THE TRUE NATURE OF SELF-CONTROL

"For the grace of God has appeared that offers salvation to all people. It teaches us to say 'No' to ungodliness and worldly passions, and to live SELF-CONTROLLED, UPRIGHT AND GODLY lives in this present age." Titus 2:11-12

Today's fruit may be the hardest one for many of us to observe and enjoy. Yet, once you have experienced it, it may well be a fruit that opens up many great things to us in this life. It could be a wonderful blessing waiting to happen!

- Note the emphasis on the word: _____
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"A person without self-control is like a house with its door and windows knocked out." Proverbs 25:28 MSG

SELF-CONTROL DEMONSTRATED IN THE APOSTLE PAUL'S LIFE

1 Corinthians 9:24-27 – three marks of a spirit-filled, self-controlled life:

1. A self-controlled life is lived with _____ *"Run in such a way as to get the prize...to get a crown that will last forever...not like a man running aimlessly...to preach to others..."*
2. A self-controlled life is lived with _____ *"...goes into strict training...I strike a blow to my body and make it my slave..."*
3. A self-controlled life is lived with _____ *"so that I myself will not be disqualified for the prize..." See also Romans 12:1-2; 2 Timothy 2:3-5*

HOW TO BE FILLED WITH THIS FRUIT OF SELF-CONTROL

Put an all-out effort of self-control and spiritual discipline into these 4 areas that will spread to all parts of your life:

1. Filled with Self-Control in our _____ *James 3:2-12*
2. Filled with Self-Control in our _____ *1 Corinthians 6:12-20*
3. Filled with Self-Control in our _____ *2 Corinthians 10:5*
4. Filled with Self-Control in our _____ *Matthew 6:33; Luke 9:23*